



# Beloit Learning Academy Breakfast and Lunch

October 2019

1

**Breakfast:** Breakfast Pizza  
**Lunch:** Breakfast for Lunch; Biscuits and Gravy with Sausage Patty, Chicken Patty, Tater Tots, Salad, Sub Sandwich, Fruit and Veggie Bar, Milk

2

**Breakfast:** Glazed Cinnamon Roll  
**Lunch:** Chicken Alfredo over Rotini Pasta, Breadstick, Hot Dog, Tater Tots, Sub Sandwich, Salad, Fruit and Veggie Bar, Milk

3

**Breakfast:** Egg and Cheese English Muffin  
**Lunch:** Build your own Burger Bar, Chicken Patty, Mashed Potatoes, Sub Sandwich, Salad, Fruit and Veggie Bar, Milk

4

**Breakfast:** French Toast Sticks  
**Lunch:** Homestyle Pizza, Chicken Patty, Tater Tots, Sub Sandwich, Salad, Fruit and Veggie Bar, Milk

7

**Breakfast:** Ham, Egg and Cheese Bagel sandwich  
**Lunch:** Salisbury Steak with Brown Gravy, Mashed Potatoes, Spicy Chicken Patty, Green Beans, Sub Sandwich, Salad, Fruit and Veggie bar, Milk

8

**Breakfast:** Waffles  
**Lunch:** Sweet and Sour Chicken over Rice, Chicken Patty, Mashed Potatoes, Salad, Roasted Veggies, Fruit and Veggie Bar, Milk

9

**Breakfast:** Cinnamon Breakfast Round  
**Lunch:** Tex Mex Popcorn Chicken, Tater Tots, Hot Dog, Spicy Chicken patty, Sub Sandwich, Salad, Fruit and Veggie Bar, Milk

10

**Breakfast:** Egg and Sausage Biscuit  
**Lunch:** Walking Taco's with choice of Toppings, Chicken Patty, Mashed Potatoes, Sub Sandwich, Salad, Fruit and Veggie Bar, Milk

11

No School

14

**Breakfast:** Egg and Cheese English Muffin  
**Lunch:** Chicken Drumstick with a Biscuit, Chicken Patty, Mashed Potatoes, Sub Sandwich, Salad, Fruit and Veggie bar, Milk

15

**Breakfast:** Glazed Donut  
**Lunch:** Chicken Parmesan with Pasta, Spicy Chicken Patty, French Fries, Sub Sandwich, Salad, Fruit and Veggie Bar, Milk

16

**Breakfast:** Country Chicken Biscuit  
**Lunch:** Popcorn Chicken Bowl, Hot Dog, Mashed Potatoes, Sub Sandwich, Salad, Orange Glazed Carrots, Fruit and Veggie Bar, Milk

17

**Breakfast:** Pancake Wrap  
**Lunch:** Fried Rice with an Egg Roll, Spicy Chicken Patty, Tater Tots, Sub Sandwich, Salad, Fruit and Veggie Bar, Milk

18

**Breakfast:** Ham and Cheese English Muffin  
**Lunch:** Homestyle Pizza Plain or Spicy Chicken Patty, mashed Potatoes, Steamed Broccoli, Sub Sandwich, Salad, Fruit and Veggie Bar, Milk

21

**Breakfast:** Cinnamon Breakfast Round  
**Lunch:** Fish Bites, Dinner Roll and Mashed Potatoes, Spicy Chicken Patty, Mashed Potatoes, Steamed Carrots, Sub Sandwich, Salad, Fruit and Veggie Bar, Milk

22

**Breakfast:** Sausage and Cheese Biscuit  
**Lunch:** Ravioli with Marinara Sauce, Breadstick, Chicken Patty, Mashed Potatoes, Mixed Vegetables, Sub Sandwich, Salad, Fruit and Veggie Bar, Milk

23

**Breakfast:** Cheese Omelet, Tater tots and Crackers  
**Lunch:** Salisbury Steak with Mashed Potatoes, Corn Hot Dog, Mashed Potatoes, Sub sandwich, Salad, Fruit and Veggie Bar, Milk

24

**Breakfast:** Sausage Breakfast Pizza  
**Lunch:** Build a Burger Bar, Spicy Chicken Patty, Tater Tots, Baked Beans, Sub Sandwich, Salad, Fruit and Veggie Bar, Milk

25

**Breakfast:** Strawberry Cream Cheese Bagels  
**Lunch:** Homestyle Pizza Plain or Spicy Chicken Patty, Mashed Potatoes, Steamed Broccoli, Sub Sandwich, Salad, Fruit and Veggie bar, Milk

28

**Breakfast:** Mini Maple Waffles  
**Lunch:** Southwest Meatloaf w/ Gravy, Mashed Potatoes, Chicken Patty, Sub Sandwich, Salad, Fruit and Veggie Bar, Milk

29

**Breakfast:** Egg, Sausage and Cheese English Muffin  
**Lunch:** Top your own Walking Taco, Hot Dog, Tater Tots, Refried Beans, Sub Sandwich, Salad, Fruit and Veggie bar, Milk

30

**Breakfast:** Pancake Wrap  
**Lunch:** Orange Chicken with Broccoli over Rice, Spicy Chicken patty, Tater Tots, Sub Sandwich, Salad, Fruit and Veggie Bar, Milk

31

**Breakfast:** Ham, Egg and cheese Pancake Sandwich  
**Lunch:** Disco Fries, Breadstick; French Fries, Sub sandwich, Salad, Fruit and Veggie bar, Milk

Enjoy our offerings of Fresh Fruits and vegetables daily!

Eating a balanced breakfast is a great way to start your day!